

Nature-Rituals at beginning of the 4 seasons for the elementary beings/mindful perception and learning to communicate

At the beginning of each of the 4 seasons we meet at a beautiful, special or difficult place in CH to give attention and to communicate with nature what is needed from our side to work together instead of fighting and abusing natural forces. No knowledge necessary.

Autum: Saturday 24.8.19: Element air, elementary beings Sylphes, fairies, Deva, "Windmen"

Train: from Bern 8h20 / 13A (S4 direction of Langnau)

Meetingpoint: 8h30 Zollikofen trainstation.

We live in an eventful time: many influences cause man and nature (beings) to create problems. Currently the controversial connection of the mobile radio network 5G, we take time at a polluted place to come into contact with nature and explore time themes: what does nature need from us? what can we concretely do? and other themes that move from the perception of the moment.

Attunement with Beat Rihm (Hinterkappelen) and Regula Berger (Steffisburg)
Rattle ritual after Rene Barth and rhythms after the researches by Nikolas de Jong, singing/sounding/rooting and connecting exercises (Werbeck, Pogacnik)

Info/Registration: Regula Berger 033 438 11 13/; 079 232 46 02, r.berger@kalliope.ch

Contribution to costs: you can make a donation to the association Kalliope as an appreciation contribution.

Association Kalliope at Brauereiweg 6, 3612 Steffisburg,

IBAN (onlinebanking)

CH5509000000603869649

IBAN (Papier)

CH55 0900 0000 6038 6964 9

BIC : POFICHBEXXX

or to any other organisation, which is working for the welfare of nature/ecology and of mankind. THANKS!