

Association to support the art of alive-free soundessence / School of uncovering the voice after the sedish singer Valborg Svårdström-Werbeck, natural breathing-constitution:

Effect of singing

More and more is known and discovered that singing is healthy, salutogenetic (helps to maintain health) and is highering social competency and can heal and stabilise psychic disorders/lability: Singing fortifies the immunsystem, has antidepressiv effects, lowers the aggressivity and violent behavior and highers the social competency. A main aim oft he association ist to spread the precious impulses oft he school of uncovering the voice worldwide.

Horizontal workingstyle

The horzontal/collegual attitude oft he board oft he association and of the teacher/therapeut Regula Berger (in courses and individual lessons), means that we search/practise together for answers, development on the path of freeing ones voice and therefore we enable forces from the non-physical world to work with/ to inspire and help us in our processes. **Each person can develop/uncover/free his/her voice. Each voice which is used in a non-violent way/ which is freed, is touching and beautiful!**

Projects

We hope to motivate through artistic projects/concerts by singers who have been practising a longer time to stimulate/encourage to imitation and to waken the sense of listening for alive and whole tonequality.(which is completely different from digitalized tones). Also we hope to motivate people to become active and gain own alive experiences with voice/art instead of consuming music just passively !

Support for courseparticipation

For seminars and courses the association can enable participation i fit wouldn't be possible for financial reasons. Artistic projects arise on demand or from impulses out oft he moment/situations!

Improvisation for nature and humans

Music for special events, healing mindful singing for nature or to help ill or dying people can happen on demand (with free donation fort he association
On each beginning oft the 4 seasons we make a halfday excursion to feel/come into perception/contact with nature /elementary beeings and sing for nature:with voice and instrumental improvisation.

Concerts / Musical projects

In various formations we make concerts/musical projects in CH and in other countries (NL/IT/SP) , classical songs/compositions, modern compositions, improvisation and alos in combination with metal-instruments produced by Manfred Bleffert und Volker Langhans.

Inspiration

Kalliope, with the beautiful voice ist one oft he 9 daughters of Zeus and Mnemosyne. She is the muse of epics, science , philosophie and of stringmusic and the muse of Epos and Elegie.As the firstborn she ist he highest oft he muses and was appreciated very much. Quoted after Wikipedia

You can receive a **newsletter**. Members and donators get twice a year a **roundletter** /Broschure to different themes around music, singing, Informations and reports from events and concerts .

We are happy, if you are interested in our activities and if you decide to support our ideas/projects for exemple through becoming a member or donaters or give a free donation or you take part in courses or individual lessons/work.

Reply for membership

Please fill in in big/readable letters

Name:
Prenome:
Adress:
PLZ: City:
Telephone:
E-Mail:

Singlmembership: Annual contribution:	min. Fr. 60.-	<input type="checkbox"/>
Couplemembership: Annual contribution	min. Fr. 90.-	<input type="checkbox"/>
Donatormembership: Annual contribution	min. Fr. 30.-	<input type="checkbox"/>
or bigger, onetime or regular	free donation	<input type="checkbox"/>

Please make a cross what you wish

Postkonto: Kalliope, 3012 Bern 60-386964-9

I require with my signature the membership in Kalliopeassociation in order to support the aims off he association how they are decrived in the statutes.

(Statutes see homepage: www.kalliope.ch)

City, Data, Signature: